

RUN SAN RAMON

5K/10K & FASTEST MILE

THURSDAY, JULY 4

FASTEST MILE STARTS AT 7:40 AM

5K & 10K STARTING AT 8:00 AM

START & FINISH: SAN RAMON COMMUNITY CENTER

RUN INFORMATION

The 2024 Run San Ramon presented by the City of San Ramon is celebrating its 39th year! Run San Ramon features 5K and 10K events as well as the Fastest Mile! Get a healthy start to your 4th of July with this Independence Day Classic. Enjoy the paved and looped course through San Ramon. The Run San Ramon 5K, 10K and Fastest Mile will be a chip timed race.

PRE-REGISTRATION PACKET PICK-UP

Bibs and shirts, will be available for pick up on Wednesday, July 3, 1:00-5:00pm at the San Ramon Sports Basement located at 1041 Market Place San Ramon, CA 94583. 20% off at Sports Basement for all registered participants will be available on packet pick-up day, July 3rd. Just show your bib at the register! Some exclusions apply. For participants who cannot attend packet pick-up, race gear will be available on race day.

REGISTRATION FEES

	4/1-5/31	6/1-7/3	RACE DAY
Fastest Mile (Individual)	\$25	\$25	\$25
5K or 10K (Individual)	\$45	\$50	\$55
5K or 10K and Fastest Mile (Individual)	\$60	\$65	\$70
5K or 10K (Family of 4)	\$150	\$170	\$190
5K or 10K (Additional Family Member - up to 2 additional)	\$35	\$40	\$45

Registration options include online, mail-in, or packet pick-up registration, up to 800 participants. Online registration closes on July 3rd, we will accept limited day of race registrations. Late or incomplete entries will not be accepted.

AWARDS

Overall Male & Female runners will receive an award for the fastest 5K, 10K and Fastest Mile times. Medals are given to the first three finishers in each age division. Awards ceremony for all events will start immediately following the conclusion of the 5K/10K event. Free refreshments, ice cream, and fruit will be provided for all participants.



Register Online at www.SanRamon.ca.gov/FitnessRaces

RACE ENTRY FORM - Make checks payable to On Your Mark Events and mail to P.O. Box 1199, Arnold, CA 95223

Select Race(s): Fastest Mile 5K 10K T-Shirt Size: YS YM YL S M L XL XXL

Full Name: Gender: Male Female Age on Race Day:

Address: City: State: ZIP:

Phone: E-Mail:

If registering a Family of 4, please include names/ages below:

Additional Family Members: (Extra Fee)

Family Member #2: _____ Age: _____

Name: _____ Age: _____

Family Member #3: _____ Age: _____

Name: _____ Age: _____

Family Member #4: _____ Age: _____

WAIVER: This is a legal document. Read it carefully. In consideration of your accepting the entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, and administrators waive all rights and claims of damage I may accrue against the City of San Ramon, On Your Mark, and the persons and organizations affiliated with the race, any sponsors, volunteers, and committee members for any and all injuries suffered by me or en-route to or from the strenuous fitness races in San Ramon. I attest that I am physically fit and sufficiently trained for this competition and that my physical condition has been verified by a licensed M.D. in the last 6 months. I acknowledge that I have read and understood all of the above. I grant permission to allow photo and/or other video images of myself to be used for promotional or information purposes. I also waive and release the City from any and all claims, causes of action, allegations, or assertions that may arise relating to infection of any person by COVID-19 that occurs, or is alleged to occur, as a result of participating in any City-sponsored program.

Participant Signature _____ Date _____
(If under 18, parent signature required)