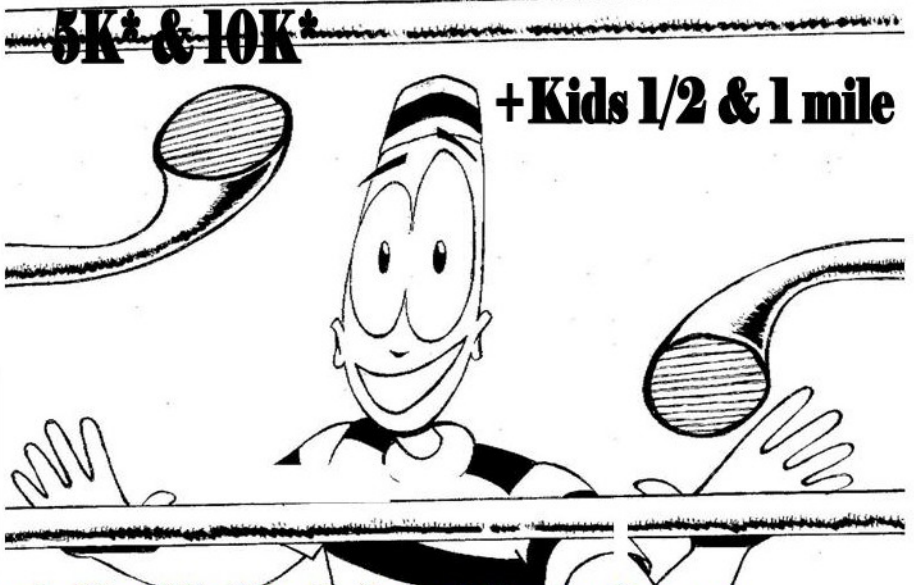


8:00 AM
SUNDAY, JULY 19, 2009
7TH ANNUAL
JAIL BREAK RUN
(OR WALK)



Proceeds Benefit **Special Olympics**
Northern California



The Alameda County Deputy Sheriff's Sports Association invites you
to run with the Sheriff's SWAT Team

Check-in opens at 6:30 AM at the

Alameda County Sheriff's Office Training Center, 6289 Broder Blvd., Dublin

"Day of" registration available

Fees: \$25 pre-registered; \$30 day-of. Fees include T-shirt and post race refreshments. Kids are \$5 and include a finisher medal. Make checks payable to Special Olympics of Northern California and mail with application to: On Your Mark, PO BOX 1199, Arnold, CA 95223. For more information, please call *On Your Mark* or email info@onyourmarkevents.com. Online registration at www.active.com or link through: onyourmarkevents.com

Awards: Three deep in each age group (13 & younger, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+); both 5k and 10k; both men and women. Trophies will be presented to top male and female, and top male and female in each event. All kids completing the mile and 1/2 mile will get finisher awards.

Raffle: Prizes donated will be raffled by bib number—You must be present to win.

Name	Age on race day	<input type="checkbox"/> 1/2 Mi. Kids 6 & under
Address	<input type="checkbox"/> M <input type="checkbox"/> F	<input type="checkbox"/> 1 Mi. Kids 7 - 10
City	State	Zip
Phone		<input type="checkbox"/> 5K
		<input type="checkbox"/> 10K
	T-shirt Size:	S M L XL

7th Annual Jail Break Run

For entry, send your completed form and all non-refundable checks payable to Special Olympics of Northern California (S.O.N.C), and mail them to:

On Your Mark
PO Box 1199
Arnold, CA 95223

***Courses certified by USA Track and Field**