

10<sup>TH</sup> ANNUAL

# JAIL BREAK RUN

Benefiting Special Olympics Northern California

8:00AM  SUNDAY, JULY 22, 2012

\* courses certified by USA Track & Field

5K\* 10K\* Kids 1/2 & 1 Mile

The Alameda County Deputy Sheriff's Sports Association invites you to **RUN WITH THE SWAT TEAM**

proceeds benefit



Special Olympics Northern California

Alameda County Sheriff's Office Training Center  
6289 Broder Boulevard, Dublin

**CHECK-IN 6:30 AM**  
day of registration available

for more information visit [www.OnYourMarkEvents.com](http://www.OnYourMarkEvents.com)

**FEES:** \$30 pre-registered; \$35 day of. Fees include T-shirt and post race refreshments. Kids are \$10 and include a finisher medal. Make checks payable to Special Olympics of Northern California and mail with application to: On Your Mark, PO Box 1199, Arnold, CA 95223. For more information, please call On Your Mark or email [info@onyourmarkevents.com](mailto:info@onyourmarkevents.com). Online registration at [www.active.com](http://www.active.com) or link through: [onyourmarkevents.com](http://onyourmarkevents.com).

**AWARDS:** For the 5K: 3 deep in each age group (9 & under, 10-13, 14-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & over) For the 10K: (18 & under, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & over) Trophies will be presented to top male and female, and top male and female Masters in each event. All kids completing the mile and 1/2 mile will get finisher awards.



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1/2 mile (6 & under)  1 mile (ages 7-10)  5K  10K

T-Shirt Size:  S  M  L  XL

Name \_\_\_\_\_ Age (race day) \_\_\_\_\_

Address \_\_\_\_\_  Male  Female

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

For entry send completed form and non-refundable check payable to:  
Special Olympics of Northern CA (SONC)  
Mail to: On Your Mark  
PO Box 1199  
Arnold, CA 95223

WAIVER TO BE SIGNED ON RACE DAY.