

ON YOUR MARK *Events* and the **Merced Running Club** present the



THE **28th** **MERCED**
GATEWAY
TRIATHLON

Sunday, October 2, 2011 • 8:15am • Merced College Pool • Merced, CA

► **The Courses**

New This Year: A return to the historical beginnings of the Gateway Triathlon. For the first 20 years the event was completed; Run, Bike, Swim. As it will be safer, in the swim and bike; and most exciting; it will be spectator friendly as your friends and family will get to watch you swim and bike. We will return to our roots. Also we will be changing the bike to a 5.1 mile loop (plus a 1/2 mi college portion) done 4 times by the long course and once by the short course. This will also be safer and less boring and more spectator friendly as it will be done "crit" style. Were all excited about our return to the traditions of "Gateway" - we hope you are too!

Long Course: is 800 yard swim, 21 mile bike, 6 mile run.

Short Course: is 400 yard swim, 6 mile bike, 2 mile run.

Kids Course: is 200 yard swim, 2 mile bike, 1 mile run.

Pool Swim: Great for first-timers and youth. Short course will be 8 lengths and long course will be 16 lengths. Swimmers will start in waves.

Run: Both short and long course are flat and fast city streets and bike path, out and back.

► **Awards**

Medals 3 deep in 5-year age groups. Trophies to overall winners & masters in short & long course. Kids Distance awards 5 deep in 2-year age groups. All competitors will receive custom T-shirt, BBQ lunch & more.

► **Registration**

Race-day registration and packet pick-up will start at 7:00am at the Merced College Pool.

► **Entry Fees**

All participants receive BBQ, T-shirt and more

Course:	Fee:	Day-Of Fee:
Short Course	\$65	\$75
Long Course	\$75	\$85
Relays (Long Course only)	\$215	\$245
Kids Course	\$35	\$40

Extra lunch tickets on sale race day for \$10. Your cancelled check is your confirmation; sorry no refunds.

► **Directions To Race**

Northbound 99: Take "G" St. exit. Turn right on "G" St. to Yosemite Ave. Turn left on Yosemite to the college on right.

Southbound 99: Take "V" St. exit to "R" St. Go left to Yosemite Ave. At Yosemite Ave., go right to the college (on your left.)

► **Contacts**

For more information or registration, call (209)795-7832, or go to www.OnYourMarkEvents.com.

KIDS COURSE

Complete with kids distances for ages 5-12.

2 Year age brackets for awards! 5-6, 7-8, 9-10, 11-12

200 Yard Swim, 2-Mile Bike, 1-Mile Run.

CPSC approved helmets required

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Merced Gateway Triathlon

Please Print Clearly

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE _____

EMAIL ADDRESS _____ AGE (ON RACE DAY) SEX M F

- Long Course
- Short Course
- Kids Course
- Relay (Long Course only)

Each relay team member must fill out an entry form. Please send all relay team forms together.

For entry send your completed form and non-refundable fee made out to On Your Mark to: On Your Mark P.O. Box 1199 Arnold, CA 95223 209/795-7832

Waiver to be signed on the day of race.