

24th Annual

HERNIA HILL

**10K Run,
5K Run/Walk
and Half Marathon**
Saturday, July 2nd, 2011, 8:00am

Presented by "On Your Mark" • Sponsored by Twisted Oak Winery

This spectacular course near historic Murphys, CA offers a challenge for all ability levels. The barbecue is a holiday favorite!

CHECK-IN AND RACE-DAY REGISTRATION opens at 6:30am at the Twisted Oak Winery, 4280 Red Hill Road at Highway 4 in Vallecito.

FEES 5K & 10K - \$35 pre-registered, \$40 on race day. 1/2 Marathon - \$40 pre-registered, \$45 on race day. All include Barbecue and T-shirt.

Since 1998 our 1/2 Marathon trophies have been dedicated to Ernie Klann. In 1988 Ernie & Louie started the first Hernia Hill 1/2 Marathon. We are proud to have been associated and proud to continue "his" race.

AWARDS AT 11:00 1/2 Marathon: Trophies to overall winners, awards to the top three finishers in each age group (including Clydesdales - see below) 5K & 10K: Awards to the top 3 winners in all age groups.

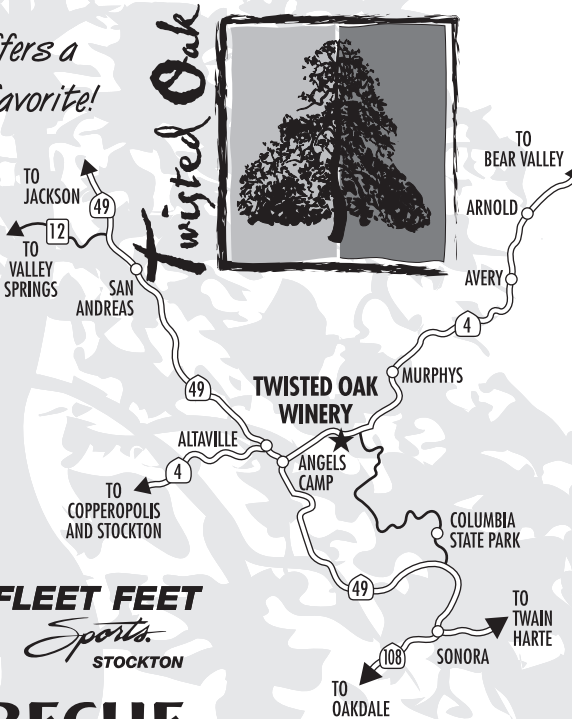
RAFFLE - Prizes donated by merchants will be raffled by bib number, you must be present to win.



Teddi Paul



Serving Calaveras County
209-728-2023



POST RACE BARBECUE

11:00 - 12:30pm Hosted by Twisted Oak Winery in Vallecito, available to non-runners; Adults \$10, Kids \$7

Online registration available at www.active.com or link through www.onyourmarkevents.com. Race numbers will not be mailed. Results will be posted on www.onyourmarkevents.com. For more information call 209/795-7832, email Info@onyourmarkevents.com or visit www.onyourmarkevents.com

Twisted Oak Winery & On Your Mark Events present **HERNIA HILL**

Please print clearly

NAME: _____ AGE: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE: _____ EMAIL: _____

- 5K
 10K 1/2 Marathon
 Clydesdale Division (men over 185 lbs., women over 150 lbs., 1/2 Marathon only)



For entry send your completed entry and non-refundable fee made out to On Your Mark to: On Your Mark, PO Box 1199, Arnold, CA 95223

WAIVER: I certify that I am physically fit and sufficiently trained to participate in the Hernia Hill Marathon. In consideration of acceptance of my entry into the event, and recognizing that there are certain inherent risks associated with participating in an event of this type, I agree to assume that risk and indemnify, waive, release, and hold harmless any sponsor(s) including Twisted Oak Winery, On Your Mark Event Management, the County of Calaveras, The United States Forest Service, their directors, managers, officers, employees, representatives, agents, heirs and assigns from any and all claims for damages arising from or out of my participation in and travel to and from the event. I will assume responsibility for my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation in the event. I have read and fully understand all of the above.

SIGNATURE _____

DATE _____