

19th Annual
Angels Camp
Triathlon & 5K Run
May 8, 2011

19th Annual
Bear Valley
Triathlon
Sept 4, 2011



WHEN: Sunday, start time for triathlon is 8:30am. 5k will be approximately 10 min after the triathlon. Check-in and race day registration opens 7:00am.

WHAT: Triathlon includes a 1,000 yard swim, 16 mile bike and a 4 mile run. The 5K is a separate run.

WHERE: New Melones Reservoir Glory Hole Entrance, Angels Camp is 1.5 hours from Pleasanton.

NEW THIS YEAR: Join us for a 5K run using the same road/trail/path that the triathletes use. Scenic, rolling and fun! Awards will be in the same categories as the Triathlon. BBQ, T-shirt & prizes are included.

What a way to begin the season! A fast, fun warm and scenic course that ends with a great BBQ complete with beer! Water temp will be mid 70's - wet suits are not necessary. Air temp will be approximately 80°F (by 10:30am). The bike is a rolling, scenic loop course. The run is rolling road and jeep trail. Water will be available on the course. Fees include POST RACE BBQ, T-shirt, raffle and awards ceremony! BBQ at 12:00 noon at Utica Park covered area on Highway 49, 2.5 miles north of New Melones Glory Hole entrance. BBQ for non-entrants: Adults \$10, Kids \$7. Lodging and camping available nearby. Call Calaveras County Visitors Bureau at (800)225-3764. Camping is available, call New Melones Reservoir at (209)536-9094.

WHEN: Sunday, the day before Labor Day. Start time 10:00am. Check-in and race day registration opens 8:30am.

WHAT: 600 yard swim, 10.5 mile bike, 3.4 mile run.

WHERE: Bear Lake in Bear Valley Village.

What a way to spend Sunday! Nestled in a beautiful Sierra location, the course is hilly but incredibly scenic. Truly a fun and fast Triathlon. Water temperature will be approximately 70°F (+2); wet suits allowed but are not necessary. Air temperature will be 70°F. The bike is a rolling, climbing loop course. The run is rolling road. Water will be available on the run. The event is competitive and timed. T-shirt, awards, raffle and refreshments. Lodging and camping are available nearby. Join us for a post race barbecue, included in your entry fee. Non-entrants are welcome at \$10 per adult (\$7 for kids).



FEES FOR BOTH ANGELS AND BEAR TRIATHLONS: \$65 for Individual, \$75 day of. \$185 for Relay Teams, \$220 day of.
FEES FOR ANGELS CAMP 5K: \$35 for Individual, \$40 day of.

AWARD CEREMONY: Will be at the barbecue along with the raffle prizes... Awards include carved soapstone trophies for the overall male & female. Carved glass trophies for the top masters. Medals will be 3 deep in 10-year age increments to 70+.

For more information, call (209)795-7832 or email info@onyourmarkevents.com

FEES, AS INDIVIDUAL:

- Angels Camp Tri \$65 Bear Valley Tri \$65
- Both Triathlons \$125 Angels Camp 5K \$35

Discounts are for same person paid at one time. Race day registration, if available, is \$10 extra for Triathlons and \$5 extra for 5K.

FEES, AS RELAY:

- Angels Camp Tri \$185 Bear Valley Tri \$185
- Both Triathlons \$365

Race day registration, if available, is \$220. All application must be submitted at the same time with 3 completed applications.

Name _____ Age (race day) _____
 Address _____ Male Female
 City/State _____ Zip _____
 Phone () _____ Email _____

Make checks payable to: On Your Mark
 Send application to: On Your Mark
 PO Box 1199
 Arnold, CA 95223
 (209)795-7832 / onyourmarkevents.com

WAIVER TO BE SIGNED ON RACE DAY.