

Bah Humbug! 5K Run/Walk

Saturday, December 3

Race Day Registration – 7:30am • Race Start – 9:00am



Start the Holiday Season with a healthy, fun run or walk through San Ramon. Participants will receive a holiday long sleeved t-shirt, goodies provided by local sponsors and medals for the top three finishers in each age category.

Course: Course length is 3.1 miles on a certified, flat, paved route beginning at Bishop Ranch #2 parking lot, 2694 Bishop Drive.

Pre-Registration Packets: Race numbers and race information will be available for pick up on race day.

* Free Refreshments, ice cream and fruit.

* Awards Ceremony

Parking: Event parking is available at the Bishop Ranch #2 parking lot, and the parking garage at Bishop Ranch #3.

Age Divisions

5-8, 9-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+

Registration Fee: \$35 postmarked by November 18 and \$40 on Race Day for

everyone. Pre-registration family rate for 3 or more is \$30 per person. Must be immediate family only, and all entry forms must be submitted at the same time. Enclose a check made payable to **City of San Ramon**.

Awards: Medals are given to the first three finishers in each age division. Costume awards will be given for **Most Grinch-Like, Best Holiday Spirit, and Best Group Theme**.

T-Shirts: All pre-registered participants may receive their t-shirt **prior** to the event start. All race day registrants, and pre-registered who wait, will receive their shirts upon completion on a "first come-first served" basis. T-shirts are only guaranteed to pre-registered participants.



Register Online at Active.com

RACE ENTRY FORM

Make checks payable to **City of San Ramon**, 9900 Broadmoor Drive, San Ramon, 94583 or FAX to (925)828-3427

Yes, I want a t-shirt YS YM YL S M L XL XXL

Single Registration—\$35 Family—\$30 per person (3 or more people, must register at the same time) Act# 76927

Last Name

First Name

Address

City

Zip

M F _____ (_____) _____
Gender Age Day of Race Phone Number

Email Address (please print)

WAIVER: This is a legal document. Read it carefully. In consideration of your accepting the entry, I, intending to be legally bound, do hereby for myself and my heirs, executors, administrators waive all rights and claims of damage I may accrue against the City of San Ramon, On Your Mark, Sunset Development and the persons and organizations affiliated with the race, any sponsors, volunteers and committee members, for any and all injuries suffered by me or en-route to or from the strenuous fitness races in San Ramon. I attest that I am physically fit and sufficiently trained for this competition and that my physical condition has been verified by a licensed M.D. in the last 6 months. I acknowledge that I have read and understood all of the above. I grant my permission to allow photo and/or other video images of myself to be used for promotional or information purposes.

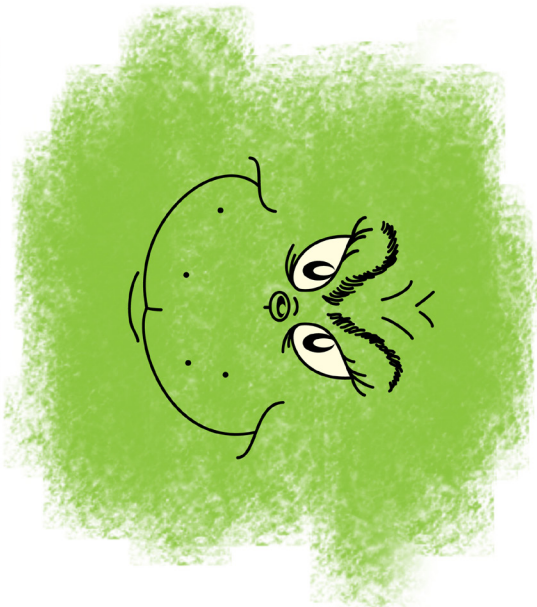
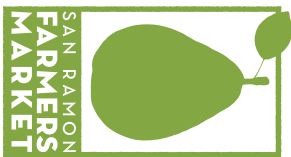
Participant Signature (If under 18, parent signature required) _____ **Date** _____

VISA/MasterCard Number (circle one)

Expiration Date

Signature for VISA/MasterCard

SPONSORS



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San Ramon Olympic Pool & Aquatic Park
9900 Broadmoor Drive
San Ramon, CA 94583